

# Grief Support Community Offerings

JANUARY - MARCH 2026



## GRIEF WORKSHOPS

Visit [AskForAngela.com](https://askforangela.com) or scan QR code for details or to register for workshops.

\*Requires Registration



### Sound & Vision Teen Workshop

Join our music therapist and grief counselors for a vision board and music-making experience to explore self-care on our individual grief journeys. No art or music experience required!

**FEBRUARY 21 • NOON-2 P.M. • IN-PERSON**

**\*REGISTER BY FEBRUARY 16**



### Wabi Sabi Family Activity Workshop

We invite you to join our grief counselors in embracing the Japanese principle of "wabi sabi," which encourages us to find beauty in the broken things.

Together, we will break and mend our own unique pot, exploring the ways in which grief can transform us and become a beautiful part of our stories.

**MARCH 14 • NOON-2 P.M. • IN-PERSON**

**\*REGISTER BY MARCH 9**

## IN-PERSON ADULT GROUPS LIVONIA CARE CENTER

### Crafting Community

All crafts welcome. Bring your project to this monthly group and find community with our volunteers and fellow grievers. This group takes place in the Angela Hospice administration building.

1<sup>ST</sup> MONDAY OF EACH MONTH • 2-3 P.M.

### Loss of a Spouse/Partner

Experiencing the loss of a spouse or partner can be incredibly difficult. Join others who are grieving this type of loss in a supportive peer-to-peer group. This group takes place in the administration building.

2<sup>ND</sup> & 4<sup>TH</sup> THURSDAY OF EACH MONTH • 2-3 P.M.

### Together in Grief

An ongoing peer to peer support group for adults seeking continued support and connection as they navigate life after loss. It offers a steady space to share experiences, listen to others, and build community with people who understand the complexities of grief.

1<sup>ST</sup> & 3<sup>RD</sup> TUESDAY OF EACH MONTH • 2-3 P.M.

## IN-PERSON CHILDREN & TEEN GROUPS LIVONIA CARE CENTER



For new comers to our children's grief programming, please fill out our New Children's Counseling Assessment prior to attending by scanning our QR code or visiting

<https://form.jotform.com/252754414430149>

If you have previously filled out this assessment, you do not have to fill this out again unless there are changes to the information you have provided.

### Creative Connections Young Grievors

Through music therapy and grief counseling, this in-person group offers a creative way for kids to explore their grief in a supportive environment. This group takes place in the Angela Hospice administration building.

1<sup>ST</sup> TUESDAY OF EACH MONTH • 5-6 P.M. • AGES 5-13

### Creative Connections Teen Series

Through music therapy and grief counseling, this group offers a creative way for kids to explore their grief in a supportive environment. This group takes place in the Angela Hospice administration building.

3<sup>RD</sup> TUESDAY OF EACH MONTH • 5-6 P.M. • AGES 14-18

## IN-PERSON ADULT GROUP WATERFORD CARE CENTER

### Grief Support Group

Join us in a compassionate space where your story is honored, your feelings are welcomed, and your journey is supported. Whether you're seeking connection, comfort, or simply a place to rest, we're here to walk with you in our peer-to-peer support group.

2<sup>ND</sup> TUESDAY OF EACH MONTH • 2-3 P.M. • CONFERENCE ROOM

## KIDS COUNSELING

Angela Hospice offers free one-to-one counseling to grieving children, based on availability.  
Call 734.464.3277 to schedule a session.