



Grief Support Community Offerings

APRIL - JUNE 2025



GRIEF WORKSHOPS

Visit AskForAngela.com or scan QR code for details or to register for workshops.

*Requires Registration



Home for Your Heart: Birdhouse Building

Craft a birdhouse honoring your loved one. This family-friendly event, facilitated by our grief care counseling team, will foster connection, creativity and healing. All ages welcome.

APRIL 12, 2025 • NOON-2 P.M.

IN-PERSON

*REGISTER BY APRIL 7

Remembering Mom: Art Therapy Workshop

Participants will utilize a variety of multi-sensory art materials and techniques, supporting self-expression and healing, as we explore emotions through the arts. Open to adults and children ages 5 and up.

MAY 3, 2025 • 10-11:30 A.M.

IN-PERSON

*REGISTER BY APRIL 25

Elder Abuse & Cyber Security:

Ways to Protect Yourself and Others

Learn about elder fraud, cyber security, and practical steps you can take to protect yourself online. We'll expose common scams and offer tips for safeguarding personal information. All are welcome—whether you're looking out for yourself or a loved one.

MAY 7, 2025 • 2-3 P.M.

IN-PERSON

*REGISTER BY MAY 2

Supporting Families Through Perinatal Loss

Community members, caregivers, and professionals seeking to better understand the unique grief of perinatal loss are welcome. Learn how to offer presence, not just platitudes, in the face of deep sorrow.

MAY 8, 2025 • 11 A.M.-NOON

IN-PERSON

*REGISTER BY MAY 5

Remembering Dad: Moving Grief Through the Body

Please join us for this integrative workshop incorporating healing heart rhythms of music therapy and yoga to facilitate finding inner peace. Open to adults and children ages 10 and up.

JUNE 10, 2025 • 6-7 P.M.

IN-PERSON

*REGISTER BY JUNE 3

Managing Disenfranchised Grief Workshop

This educational and supportive workshop will explore the layered and unique grief experiences often felt within the LGBTQIA2S+ community, providing a safe, affirming space to reflect, connect, and find support.

JUNE 27, 2025 • 2-3 P.M.

VIA ZOOM

IN-PERSON GROUPS

Creative Connections for Kids

Through music therapy and grief counseling, this group offers a creative way for kids to explore their grief in a supportive environment. This group takes place in the Angela Hospice administration building.

1ST & 3RD TUESDAY OF EACH MONTH • 5-6 P.M.

AGES 5-13

Grieving & Weaving

Whether you knit, crochet, embroider, or cross stitch, bring your project to this monthly group and talk grief with one of our counselors while you craft. This group takes place in the Angela Hospice administration building.

1ST MONDAY OF EACH MONTH • 6-7 P.M.

Healing Hearts Book Club

Join our grief counselors each month to discuss a selected book and share insights. Visit our website for current and future book selections. This group takes place in the Angela Hospice administration building.

4TH TUESDAY OF EACH MONTH • 2-3 P.M.

Healing Roots

Embrace growth and nurture your grief when you join our counselors to cultivate a grief garden on the Angela Hospice Livonia campus. This group will meet under the portico.

2ND & 4TH TUESDAY • MAY 13-SEPT. 23 • 10-11 A.M.

Together in Grief

Open to all adults who have experienced the loss of a loved one, this peer-to-peer support group meets in the Angela Hospice administration building.

1ST & 3RD TUESDAY OF EACH MONTH • 2-3 P.M.

2ND TUESDAY OF EACH MONTH • 6:30-7:30 P.M.

Loss of a Spouse/Partner

Experiencing the loss of a spouse or partner can be incredibly difficult. Join others who are grieving this type of loss in a supportive peer-to-peer group. This group takes place in the administration building.

2ND & 4TH THURSDAY OF EACH MONTH • 2-3 P.M.

Walking Together

Gather with peers for fresh air and exercise as you walk the beautiful grounds of Angela Hospice Livonia. This group will meet under the portico.

EVERY FRIDAY • MAY 2-SEPT. 26 • 10-11 A.M.

VIRTUAL GROUPS

Visit [AskForAngela.com](https://www.askforangela.com) or scan QR code to access the group's Zoom link.



Navigating Grief

Grief can be overwhelming and difficult to understand. In this counselor-led educational support group for adults experiencing loss, you will explore the grieving process, strategies for coping, and ideas for self-care.

1ST & 3RD WEDNESDAY OF EACH MONTH • 2-3 P.M.

The Young & The Grieving

This counselor-led support group aims to provide a supportive and compassionate space for grieving adults ages 18-40.

4TH THURSDAY OF EACH MONTH • 6:30-7:30 P.M.

KIDS COUNSELING

Angela Hospice offers free one-to-one counseling to grieving children, based on availability.

Call 734.464.3277 to schedule a session.